

Need more closet space? Take a crack at this painless purging list of 9 types of items you won't mind losing.

Most people wear 20% of their clothing 80% of the time. If you have a closet that is overflowing, pare down your belongings with the help of the following guide.

Let go of apparel and accessories which:

- are torn, stained or overly worn,
- are out-of-style,
- aren't age appropriate – for example, if you're not a teenager let those platform shoes go,
- do not fit properly – either they are too baggy, too tight, or do not flatter your body type,
- you haven't worn in a year or more, or
- are uncomfortable – such as shoes that hurt your feet.

Toss space hogging:

- boxes, and
- excess hangers.

Move:

- gear that is used in other parts of your home to a more appropriate space.

Voila! Now you can easily grab the clothing you love wearing. And share the riches of your spacious new closet with others by donating all usable items to charity.

Pam N. Woods is co-author of a bestselling book, *Create the Business Breakthrough You Want: Secrets and Strategies from the World's Greatest Mentors*; endorsed by Ken Blanchard and Dr. Stephen Covey. She is a Coach U graduate and President of Smart WorkLife Solutions, a coaching and consulting company devoted to co-creating customized solutions to fit clients business and personal organizing needs. Prior to founding her own firm she had a successful 20+ year career as an insurance executive and Vice President of Human Resources. For more free how-to articles and advice, or to contact Woods, visit <http://www.worklifecoach.com>. Copyright 2006 - Pam Woods